**LENTEN RESOURCES**

**Ash Wednesday**

**A Handout for Ash Wednesday from Building Faith**

<https://buildfaith.org/wp-content/uploads/2021/02/ASH-WEDNESDAY-At-Home-2021.pdf?mc_cid=b9d6f93562&mc_eid=cca171e421>

**PC(USA) Ash Wednesday Resources** <https://www.presbyterianmission.org/ministries/worship/christianyear/ash-wednesday/>

**Reformed Worship Magazine Resources**

<https://www.reformedworship.org/search/google?keys=Ash+Wednesday>

**The Work of the People – Ash Wednesday**

<https://www.theworkofthepeople.com/search?utf8=%E2%9C%93&search=Ash+Wednesday>

**Lenten Resources**

**Building Faith** <https://buildfaith.org/?s=Lent>

**PC(USA) Lenten Worship Resources**

<https://www.presbyterianmission.org/ministries/worship/christianyear/worship-resources-lent/>

**PC(USA) Lenten Devotional** <https://www.presbyterianmission.org/ministries/today/lent2021/>

**PC(USA) Tread Lightly Lenten Calendar** <https://www.presbyterianmission.org/resource/tread-lightly-for-lent/>

**Reformed Worship Magazine Resources**

<https://www.reformedworship.org/search/google?keys=Lent>

**Next Church**

<https://nextchurch.net/liturgy-worship-resources/lent-resources/>

**Pittsburgh Theological Seminary - Lent**

<https://www.pts.edu/devotional_1>

**Pittsburgh Theological Seminary – Seasonal Resources**

<https://www.pts.edu/seasonal-resources>

**Presbyterian Church in Canada – Lenten Resources**

* [Walk this Way: Lenten Resource for Families](https://presbyterian.ca/downloads/66200/)
* [Shrove Tuesday Celebration](https://presbyterian.ca/downloads/36640/)
* [Lent Liturgies (PWS&D)](https://presbyterian.ca/pwsd/2021/01/13/lent-2021-liturgies/)
* [Joining the Dance: Lenten Reflections about Sabbath and the Stewardship of Creation](https://presbyterian.ca/downloads/39792/)
* [Living the Story Through Lent](https://presbyterian.ca/downloads/36692/)
* [Children’s Picture Books for Lent and Easter](https://presbyterian.ca/resources/suggested-reading-lists/#childrens_picture_books)
* [Preaching and Teaching Lent](https://presbyterian.ca/downloads/36683/)
* [Take Up a Spiritual Practice for Lent](https://presbyterian.ca/downloads/37065/)
* [Creating a Lenten Tree](https://presbyterian.ca/downloads/36643/)

**The Work of the People - Lent**

<https://www.theworkofthepeople.com/search?films%5Bquery%5D=Lent&films%5BrefinementList%5D%5Bcategory%5D%5B0%5D=Films&films%5BrefinementList%5D%5Bcategory%5D%5B1%5D=Visual%20Liturgy&films%5BrefinementList%5D%5Bcategory%5D%5B2%5D=Film%20Series>

**The Bible Project**

<https://bibleproject.com/search/#?cludoquery=lent&cludopage=1&cludorefurl=https%3A%2F%2Fbibleproject.com%2F&cludorefpt=Learn%20the%20Bible%20for%20Free%20Online%20%7C%20BibleProject%E2%84%A2&cludorefact=Lent&cludorefaci=1>

**Ideas for Lenten at-home devotions**

**A 40 Day Lenten Activity Chain**

Make a paper chain, with purple (days of Lent) and yellow strips of paper (Sundays in Lent), 47 strips of paper in total. Each week will have 6 purple links, then 1 yellow (for Sunday) except for the week beginning with Ash Wednesday- that will have 4 purple, and 1 yellow. Write simple activities to do during those days: pray for a friend, give/send a postcard to a shut in, fast from junk food, sing a song of praise, etc. Make the paper chain, then each day take off a link to do the activity.

**Lent in a Bag**  
There are many variations on this- See <https://buildfaith.org/lent-in-a-bag/>  
And <https://www.stmartininthefields.org/wp-content/uploads/2015/02/Lent-in-a-Bag-Instruction-and-Devotion-2015.pdf>

**Illustrated Ministry** <https://store.illustratedministry.com/collections/lent>

***“Where Your Heart Is”*** is a unique intergenerational resource is a hybrid devotional/coloring book. Where Your Heart Is: An Illustrated Devotional includes seven weekly devotions for all ages, as well as illustrations that are meant to be colored in and many opportunities to doodle and engage with the content in fun and creative ways. <https://store.illustratedministry.com/collections/lent/products/where-your-heart-is-an-illustrated-devotional?variant=32088205688930>

Starting with Ash Wednesday, **An Illustrated Lent for Families: Reflections on the Heart** includes weekly devotions, activities, and coloring pages for families to use during Lent. <https://store.illustratedministry.com/collections/lent/products/an-illustrated-lent-for-families-reflections-on-the-heart?variant=32087960125538>

**Lenten Devotions from the Presbyterian Outlook**

<https://pres-outlook.org/2020/12/2021-lenten-devotions-from-the-presbyterian-outlook/>

**Praying in Color Lenten Calendar Templates**

Using a calendar template is a simple, daily, and playful but serious practice for praying our way through the forty days of Lent. Each day, choose a word to ponder or a person to pray for. Write the word or name in the allotted space with a pen and draw or doodle around it.<https://prayingincolor.com/making-the-lenten-journey-calendar-templates?fbclid=IwAR345Vp07h_9fkBehCz-adurLwqkBo3jGhTq7E5bk5bcJYVPOlbHB97rwnE>

**Lenten Prayer Calendar**

This prayer created by pastor and author Traci Smithdesigned to be simple and to bring us in to prayer in 2021. The calendar gives very simple prompts for each day.

<https://www.etsy.com/listing/945173701/lenten-prayer-calendar-2021-up-to-100?ref=shop_home_feat_3>

**Pocket Prayers**

Pocket Prayers are like a prayer quilt or shawl, you keep in your pocket- Also, the book *Pocket Prayers* by Max Lucado

**Labyrinths**

Labyrinth Mat – Just a reminder the Presbytery has a 20’ x 20’ canvas labyrinth mat that churches can reserve and use at no charge. Contact Cheryl Carson [ccarson@cfpresbytery.org](mailto:ccarson@cfpresbytery.org) to reserve it.

Hand Labyrinths- a tool for prayer and contemplation. May be made of wood, ceramic, or fabric. Fabric: using embroidery floss and pattern of a simple labyrinth

Lenten Activity Calendar

**Books for Lent for Children and Families**

***Make Room- a Children’s Guide for Lent and Easter***- by Laura Alary The Tale of ***Three Trees***- folktale  
***God Gave Us Easter*** by Lisa Tawn Bergren  
**God’s Easter Gifts** by Brenda Castro

***Humphrey’s First Palm Sunday*** by Carol Heyer  
***The Donkey that No One Could Ride***by Anthony DeStefano

***The Parable of the Lily*** by Liz Curtis Higgs  
***The Easter Cave*** by Carol Wedevan

**Resources For Adult Study**

***Lent of Liberation\**** by Cheri L. Mills

***Seven Words: Listening to Christ\**** from the Cross by Susan Robb

***Savior: What the Bible Says About the Cross\**** by Magrey R. deVega

**A Sanctified Art**- visual resources, devotionals and liturgy <https://sanctifiedart.org/again-and-again-lent-bundle-year-b>

\* These 2021 studies are available through the Presbytery’s Resource Center. Plus, we have tons of others (books or dvd-based studies) Email Cheryl Carson [ccarson@cfpresbytery.org](mailto:ccarson@cfpresbytery.org) to check them out or for more information.